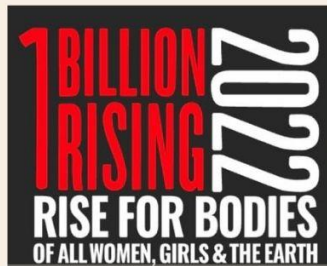


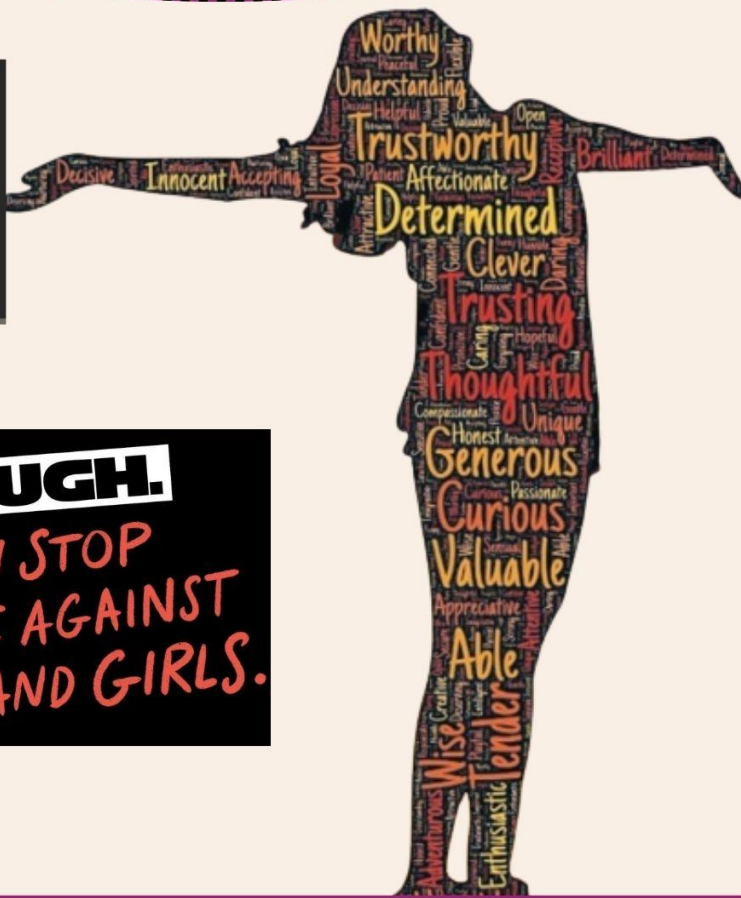
# Let's run a campaign

I too want to touch the sky  
(Mujhe bhi Aakash Choonna hai)

18th November to 10th December



**ENOUGH.**  
WE CAN STOP  
VIOLENCE AGAINST  
WOMEN AND GIRLS.



How to stop violence against women and girls  
happening everywhere and what is your  
contribution and role to stop it.

By-



Sakhi Kendra

***“I raise my voice not so I can shout, but so that those without a voice can be heard. We cannot succeed when half of us are held back.”***

— ***Malala Yousafzai.***

Sakhi Kendra and the National Alliance of Women conducted a campaign ***“Muje Bhi Aakash Chuna Hai”- “I want to touch the Sky too”*** for 23 days from 18<sup>th</sup> November to 10<sup>th</sup> December 2022. This campaign was influenced from one billion rising a mass action which began to end gender-based violence and 16 Days of Activism which is an annual campaign that begins on 25 November, the International Day for the Elimination of Violence against Women, and runs through International Human Rights Day on 10 December.

Students from various institutions, participated in the campaign and took part in the elocution and essay writing competitions that were specifically conducted for them . The campaign also highlighted Goal 5 of the Sustainable Developmental Goals and to work towards advancing gender equality.

Interactions were carried out with 1515 students and Sakhi Kendra with the able assistance of the principals and coordinators of the various institutions and colleges conducted elocution and essay writing competitions. Questions were put forth by the organisation to the students as hoe we can put an end to violence against women. Many students put forth recommendations which have been noted and Sakhi Kendra will put into practice when it engages with the youth in its future programmes.

Around 175 students took part in the elocution competitions and 329 students took part in the essay reacting competitions to on ending violence against women. The whole hearted participation and thoughts coming straight from the hearts of the students was overwhelming inspirational and heartening. The questions the

students raised were very poignant too. They opined, *'on hand India wishes to be a world leader and on the other we have instances of sexual harassment, gender discrimination at home and violence against women. This only means that we a long way to go and cannot make the progress that we clearly sought out for this country'*.

This campaign also reached out 2000 dalit and unorganised women and 250 physically challenged women so that they can benefit from the campaign and access government schemes and benefits. Neelam Chaturvedi observed that, 'We are able to reach out to the youth when we conduct programs in the slums and target areas and hence as a departure from our strategy, we decided to reach out to the degree colleges and to the institutions as they were one of our main focus areas of this campaign'.

Majority of the young girls and women are survivors of sexual violence. Which we often do not even talk about fearing family and societal backlash. A girl child has restricted mobility and accessibility due to gender discrimination within the four walls of the family itself. Only 2% or the cases are registered out of the 100% which only means that 80% cases are often taken back by the survivor often under pressure from family members. The issue of violence against women is not just about women and their families but it has deep impact on the country and this needs to be addressed socially, economically, culturally and politically in order to improve gender equality.

The students brought out that when a child or a woman is raped, the entire male community is looked at with suspicion and they feel very male is targeted and are expected to feel guilty. This puts a lot of psychological pressure on the young boys and are unable to function effectively in their areas of work or studies. They also felt that when a woman is violated there is a lot of social outburst and campaigns across the country, but the daily acts of violence against

college going girls never finds proper audience or action by the authorities. Gender inequality starts in childhood and is perpetuated throughout the lifetime of young girls. It also affects boys as they have to shoulder additional responsibilities and are unable to share their problems. In fact, they are often told that as men, they should not display their weaknesses like women do. Although gender socialization starts early in childhood or early adolescence it shapes gender attitudes and particularly with the onset of puberty, it brings new expectations related to gender. A child narrated his experience as a result of this socialization process which expects boys to conduct themselves differently even at the cost of their on mental wellbeing. He said, his mother passed away a year back and he misses her very much. Though the father provides for everything in the house yet the only thing he asks him is “have you eaten your food? is all well?”. The father is unable to bridge the gap between the pair of loneliness and emptiness and the psychological support that the boy needs at these times.

The entire campaign was a phenomenal success and Sakhi Kendra will take ensure that there are many such engagements with the youth in future too. None of this would have been possible without the dedication of all the Sakhi team members.

***“Achieving gender equality requires the engagement of women and men, girls and boys. It is everyone’s responsibility.”***

**— Ban Ki-moon**



## DIDI - A Documentary Based on the Women who live for others

<https://www.youtube.com/watch?v=LvkElpiKTeA&t=3s>



Didi, is a documentary dedicated to the team of sakhi kendra and their work during the past 40 years. This films throws a light on the challenges and achievements during the work and journey of the women activists.

## Quiet Pandemonium

<https://www.youtube.com/watch?v=apfGK1MvrzY>



## Sakhi Kendra's Work During COVID 19 Pandemic The Guardian

[https://www.youtube.com/watch?v=6T0\\_gwDFCM8](https://www.youtube.com/watch?v=6T0_gwDFCM8)



# Sakhi Kendra's Work During COVID 19 Pandemic Covered by The British Podcast

[https://www.youtube.com/watch?v=A2  
T6ZM2cfsQ](https://www.youtube.com/watch?v=A2T6ZM2cfsQ)





**IPPL Kanpur - Green Park –  
Organised by Sakhi Kendra and ICFD**



<https://www.youtube.com/watch?v=OfHMNenzy4M>

# Maaraq Movie (2018)

## Producer :- Neelam Chaturvedi



<https://thebebopchannel.lightcast.com/player/30961/288631>

# Online Think Tank



<https://www.facebook.com/538046779666513/videos/259723092027829/>

<https://www.facebook.com/538046779666513/videos/1572539022913742/?t=0>

<https://www.facebook.com/538046779666513/videos/289519188900458/?t=0>

# ONLINE WOMEN'S COURT



<https://fb.watch/eHfcAT1P0F/>

# E-BOOK

- Handicap

- [https://drive.google.com/file/d/1YgwfXjTGEveR\\_tB1m4SP6M7w25lxAxt/view?usp=sharing](https://drive.google.com/file/d/1YgwfXjTGEveR_tB1m4SP6M7w25lxAxt/view?usp=sharing)
- <https://drive.google.com/file/d/1Ll-5hljADTQuujBtv2eB8a22OJXGN1N/view?usp=sharing>

- Covid 19

- [https://drive.google.com/file/d/1HPw1G4v2kX3loDgKT5RziGHEqGIkXO\\_k/view?usp=sharing](https://drive.google.com/file/d/1HPw1G4v2kX3loDgKT5RziGHEqGIkXO_k/view?usp=sharing)
- [https://drive.google.com/file/d/1iSLeaonlpJ\\_KRxn7h7Ualp\\_We7slrMrK/view?usp=sharing](https://drive.google.com/file/d/1iSLeaonlpJ_KRxn7h7Ualp_We7slrMrK/view?usp=sharing)

- Old Age

- <https://drive.google.com/file/d/1O5rSGR7s8jUENHTusmezbEMZ4XMVPreE/view?usp=sharing>
- <https://drive.google.com/file/d/1VTOsH0hkKXrqQLeWgXbxF4C-oxMF1QpT/view?usp=sharing>

## **Strategic – Access to Justice**

[https://docs.google.com/document/d/1qbKij\\_KFa8PzsbbWc2Zh9cHOI7xgHieL/edit?usp=sharing&ouid=105487305318694812962&rtpof=true&sd=true](https://docs.google.com/document/d/1qbKij_KFa8PzsbbWc2Zh9cHOI7xgHieL/edit?usp=sharing&ouid=105487305318694812962&rtpof=true&sd=true)

**Achievement last 2 years (2020 & 2021)**

**Covid period Achievement**

**Achievement 39 years**

[https://drive.google.com/file/d/1kaSd6VNg1mZYvCD5BLkBAXhsusSrF\\_J1/view?usp=share link](https://drive.google.com/file/d/1kaSd6VNg1mZYvCD5BLkBAXhsusSrF_J1/view?usp=share_link)

## **23 Days Activism E- Book**

[https://drive.google.com/file/d/1wMOUccXzV62E0mctCb1kGs\\_7kJIA2MVB/view?usp=share link](https://drive.google.com/file/d/1wMOUccXzV62E0mctCb1kGs_7kJIA2MVB/view?usp=share_link)





[https://www.youtube.com/@  
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THANK  
YOU